



AFTERCARE ADVICE PDO THREADS

FOR YOUR HEALTH AND WELLBEING, AS WELL AS THE LONGEVITY AND EFFECTIVENESS OF YOUR TREATMENT, PLEASE FOLLOW THE PRE-TREATMENT CARE ADVICE FULLY,

Avoid consuming alcohol for 24 hours before and after your treatment.

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Expect some tenderness, swelling and bruising in the treatment area for up to 2/3 weeks after your treatment.

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Use arnica and antihistamine tablets prior to your treatment to help reduce bruising and swelling.

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For threads treating the lower part of the face, ensure you do not undergo any dental appointments for 4 weeks after your treatment.

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Avoid excessive facial expressions and movements for 3-4 weeks after your treatment as this may cause threads to snap.

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Avoid physical exercise for 7 days after your treatment.

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Avoid applying topical products that contain Tretinoin, Retinol, Glycolic Acid, Alpha Hydroxy and other anti-ageing products for 48 hours after your treatment.

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Ensure that your treatment is scheduled for at least 2 weeks before a special event or holiday.

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Slight discomfort, stinging and pulling sensations after your treatment are normal. This can last for 14 days.

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Ensure you are hydrated and have had food and drink before your treatment to avoid feeling light-headed during or after your treatment.

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Expect some skin rippling where the threads have been placed which will reduce after 1-2 weeks.

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We advise combining this treatment with our collagen induction supplements to help boost results.

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Results can take 2-12 weeks to begin to show. We advise some clients to repeat the treatment again after 6 months to maximise results. Results can last up to a year.

MAE COSMETICS CLINIC

IF YOU HAVE ANY QUESTIONS REGARDING YOUR TREATMENT OR NEED FURTHER ADVICE, PLEASE GET IN TOUCH.

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