

MAE

AFTERCARE ADVICE NON-SURGICAL RHINOPLASTY

FOR YOUR HEALTH AND WELLBEING, AS WELL AS THE LONGEVITY AND EFFECTIVENESS OF YOUR TREATMENT, PLEASE FOLLOW THE PRE-TREATMENT CARE ADVICE FULLY,

Avoid strenuous exercise for 48 hours after your treatment.

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Avoid facial treatments for 10-14 days after your treatment.

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Avoid touching or applying skincare or cosmetic products to the treatment area for 6 hours after your treatment.

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Avoid alcohol consumption for 24 hours before and after your treatment to avoid bruising.

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Expect some tenderness, swelling and bruising in the treatment area for up to 1 week after your treatment.

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Avoid any blood thinning or anti-inflammatory medication.

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Use Arnica tablets to help reduce bruising and promote healing.

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Avoid applying AHA/BHA and retinoid treatments for 24 hours after your treatment.

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If possible, avoid wearing glasses for 1 week after your treatment to reduce the migration of filler.

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Avoid extremes of hot and cold upon the treatment area whilst healing.

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If coldsores are activated, please consult a pharmacist or your doctor.

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True results will be apparent within 1-2 weeks after your treatment. Some clients may require a further top up to the area after the swelling subsides.

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Smoking, alcohol consumption, dehydration and sun exposure will all reduce the longevity of dermal fillers.

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If any skin discolouration or intense pain occurs, or abnormal swelling persists for more than 3 days, please consult your technician or your doctor.

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Results will usually last between 4-12 months.

MAE COSMETICS CLINIC

IF YOU HAVE ANY QUESTIONS REGARDING YOUR TREATMENT OR NEED FURTHER ADVICE, PLEASE GET IN TOUCH.

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