

MAE

AFTERCARE ADVICE FAT DISSOLVING

FOR YOUR HEALTH AND WELLBEING, AS WELL AS THE LONGEVITY AND EFFECTIVENESS OF YOUR TREATMENT, PLEASE FOLLOW THE PRE-TREATMENT CARE ADVICE FULLY,

Avoid strenuous exercise for the next 4-5 days.

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Avoid any other fat reducing treatments for the next 4 weeks.

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Avoid touching, or applying makeup or body creams to the treatment area for 6 hours after your treatment.

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Avoid consuming alcohol for 48 hours after your treatment.

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Avoid all direct sources of heat (sun exposure, sauna etc.) or extreme cold to the treatment area for 48 hours after your treatment.

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Avoid anti-inflammatory medication (ibuprofen etc.) for 7 days after your treatment - it can be counter productive towards the treatment as the natural inflammatory response aids the dissolving of the fat cells.

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Avoid any blood thinning medication.

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Expect moderate swelling, hard swelling, redness, itching, numbness and bruising after your treatment. Symptoms can last for 4-6 weeks.

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Results begin to show between 2-4 weeks after your treatment.

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Multiple treatments are required to achieve the desired result.

MAE COSMETICS CLINIC

IF YOU HAVE ANY QUESTIONS REGARDING YOUR TREATMENT OR NEED FURTHER ADVICE, PLEASE GET IN TOUCH.

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